



# THE HULL & EAST RIDING KARATE ACADEMY

## Certificate of Achievement 2013

### Sporting Excellence in Karate

#### National Level

## Aboudi Neema

This is to certify that Aboudi Neema has achieved the standard of Sporting Excellence in Competition Sport Karate. Aboudi competed at the highest level of British Karate in 2013 winning the medals and titles listed below:-

**Championship Success - 1 Gold 1 Silver 3 Bronze**

**English National Kyu Grade Championships** - 20<sup>th</sup> January, Sheffield

Bronze - Individual Kata

**Shindo Kai Junior Championships** - 17<sup>th</sup> March, Barnsley

Gold - Pairs Kata

Silver - Individual Kata

**Hull and East Yorkshire Championships** - 29<sup>th</sup> September, Hull

Bronze - Individual Kata

Bronze - Pairs Kata

Congratulations on your outstanding sporting achievements throughout 2013. These performances and results have made you one of the top karate athletes in the country in your age group. Well done Aboudi.

Sensei Wayne Clarke 3<sup>rd</sup> Dan

Head Coach - The Hull & East Riding Karate Academy



British  
Karate  
Federation



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.